

Track and Field Star to speak to aspiring young athletes at the Schools Track and Field Challenge Clinic

(Hamilton, Bermuda, 14 March 2005) Dutch Track and Field Star, Troy Douglas, who has represented Bermuda in three Olympics, is in Bermuda to promote the sixth annual Bank of Bermuda Foundation West End Athletic Club's Schools Track and Field Challenge and is the guest of honour at this year's Clinic to be held on Wednesday 15 March 2006, at Dellwood School, starting at 4:30pm until 5:30pm.

Bermuda-born Mr. Douglas, hopes to inspire and encourage Bermuda's youth to become involved in the world of sports while also taking the opportunity to share his own journey, from his beginnings representing the island to becoming one of the world's top sprinters competing for the Netherlands. Mr. Douglas has now retired from professional competition and focuses his energy on motivational speaking and coaching athletes in a number of disciplines.

The clinic, held annually as a preview to the meet, aims to further develop the knowledge and skills of local athletes, coaches and PE teachers. Last year, Kenta Bell, a world-class triple jumper from the USA was the guest of honour and spoke of the rigours of international competition and what it takes to succeed.

The Bank of Bermuda Foundation West End Athletic Club's Schools Track and Field Challenge, sponsored by Bank of Bermuda Foundation and hosted by the West End Athletic Club is expected to attract over 20 schools and 250 participants and takes place Saturday 18 March at the National Sports Centre, starting at 10am.

Press Release

The events include discus, shot put, long jump, high jump, triple jump, 100M, 200M, 400M, 800M, 1500M and the exciting 4 x 100M and 4 x 400M relays.

A points system will determine the first, second and third place winners in the Primary, Middle and Secondary School categories. The school with the most accumulated points will be presented with the Bank of Bermuda Foundation School Shield.

WEAC President, Mr. Clarence Smith said, “We are pleased to have Troy Douglas here in Bermuda to help promote our sixth annual Schools Track and Field Challenge and be involved in the clinic. This event provides our young people with a positive venue to showcase their talents and athletic abilities. Having Troy here will hopefully help to motivate and inspire our junior athletes to reach higher levels of competition.”

David Lang, Director and Secretary, Bank of Bermuda Foundation said, “ We are delighted to partner with WEAC again this year in support of this annual event for our junior athletes. We recognise that sports plays a vital role in the all round development of our young people and are pleased to host this event promoting active lifestyles for our young people in a healthy competitive environment.”

Over 160 junior athletes representing 27 schools participated in the 2005 event with first place awarded to Sandys Middle School.

The media are invited to attend both the clinic and the Schools Track and Field Challenge.

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Notes to Editors:

- Bank of Bermuda Foundation helps charities that support the community and people, preserve our local heritage, culture and environment, and help develop the youth of Bermuda. It also offers several scholarships. Established in 2000, the Foundation incorporates the Centennial Trust, Charitable Trust, and Educational Trust, which were established by Bank of Bermuda to support the community in Bermuda.
- Since 1989, more than \$30 million has been donated to charitable Bermudian organisations.
- Applications can be made to Bank of Bermuda Foundation throughout the year on behalf of charitable organisations. Guidelines about what information is needed and who to send it to can be found in the Bank of Bermuda Foundation brochure, which can be picked up from all Bank of Bermuda branches, or by visiting the Bank of Bermuda website at:
www.bankofbermuda.bm